

### ADDICTION

Alcohol & Drug Helpline	1-800-923-4357
Alcohol & Drug Treatment	Albany 967-3819 Corvallis 766-3540 Lebanon 451-5932
Community Outreach	758-3000
Problem Gambling	1-877-695-4648

### CHILD CARE REFERRALS

Family Connections	1-800-845-1363
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### CLOTHING / FURNITURE

Fish of:	Albany 928-4460 Lebanon 259-3200
Furniture Share	754-9511
Salvation Army	928-4774
Vina Moses	753-1420

### DOMESTIC VIOLENCE / ABUSE

Center Against Rape & Domestic Violence	1-800-927-0197
DHS Child Welfare	Linn Co. 967-2060 Benton Co. 757-4121

### EMPLOYMENT ASSISTANCE

CSC	Linn & Benton	752-1010
Employment Dept.	Albany 967-2171 Corvallis 757-4261 Lebanon 259-5787	
Vocational Rehab Services	Linn Co. 967-2022 Benton Co. 757-4131	

### FINANCIAL ASSISTANCE

Child Support	Linn Co. 967-2028 Benton Co. 766-6817
Dept. of Human Services	Albany 967-2078 Corvallis 757-4201 Lebanon 259-5860
Fish of:	Albany 928-4460 Corvallis 752-4688
Salvation Army	928-4774
SHEM, Sweet Home	367-6504
We Care (Benton Co)	758-2632

### FOOD ASSISTANCE

Community Outreach	758-3000
Fish of:	Albany 928-4460 Lebanon 259-3200
Food Box (Referral)	752-1010
Food Stamps (DHS)	Albany 967-2078 Corvallis 757-4201 Lebanon 259-5860

### FOOD ASSISTANCE (Continued)

Gleaning Groups	752-1010
Linn Benton Food Share	752-1010
Meals on Wheels	967-8630
Salvation Army	928-4774
SHEM, Sweet Home	367-6504
WIC	Albany 967-3888 Corvallis 766-6835 Lebanon 451-5932 Sweet Home 367-3888

### HOUSING ASSIST / SHELTERS

Albany Helping Hands	926-4036
Community Outreach	758-3000
CSC	Linn Co. 928-6335 Benton Co. 752-1010
Fish of:	Albany 928-4460 Corvallis 752-4688 Lebanon 259-3200
Hope Center for Women	367-4673
Jackson Street Youth Shelter	754-2404
Housing Authority	926-4497
Salvation Army	928-4774
Signs of Victory	967-8545

### INFORMATION AND REFERRAL

Community Outreach	758-3000
CSC	Linn Co. 928-6335 Benton Co. 752-1010

### LAW ENFORCEMENT

Benton County Sheriff	766-6858
Linn County Sheriff	967-3950
Police Depts.	Albany 917-7680 Corvallis 766-6924 Lebanon 451-1751 Sweet Home 367-5181

### LEGAL ASSISTANCE

Legal Aid	926-8678
Tel Law	1-800-452-4776

### MEDICAL / DENTAL ASSISTANCE

Albany Inreach Clinic	812-4059
Community Outreach	758-3000
County Health Depts.	Albany 967-3888 Corvallis 766-6835 Lebanon 451-5932 Sweet Home 367-3888

### MENTAL HEALTH

Benton County Health	766-6835
Benton Co. Crisis Line	1-888-232-7192
Linn County Health	967-3866
Linn Co. Crisis Line	1-800-304-7468

### PARENTING / FAMILY PLANNING

Benton County Health	766-6835
Linn County Health	967-3888
Pregnancy Alternatives Center	Lebanon 258-3500 Sweet Home 367-2447

### PRESCRIPTIONS

Fish of:	Albany 928-4460 Corvallis 752-4688
Pharmacy Discounts	1-877-673-3688
SHEM, Sweet Home	367-6504

### SENIOR & DISABILITY SERVICES

Senior Centers	Albany 917-7760 Corvallis 766-6959 Lebanon 258-4919 Sweet Home 367-4775
Senior & Disability Services	967-8630 (Linn & Benton)
Social Security Admin.	1-800-772-1213

### TRANSPORTATION

Albany Call-A-Ride	917-7770
Corvallis Transit	766-6998
Dial-A-Bus	Corvallis 752-2615 Lebanon 258-4920 Sweet Home 367-4775
Fish of Albany	928-4460
Linn Benton Loop	917-7667
Linn County Shuttle	367-4775

### UTILITY ASSISTANCE

CSC	Linn Co. 926-7163 Benton Co. 752-2840
Fish of Lebanon	259-3200
Phone Assistance	1-800-848-4442

### VETERANS

Dept. of Veterans Affairs	1-800-828-8801
Disability Services	Linn Co. 928-3636 Benton Co. 758-1595
Veterans of Foreign Wars	Albany 928-7925 Harrisburg 995-6095 Sweet Home 367-4435



**ALBANY**  
Two Rivers Market  
250 Broadalbin St SW  
Suite 2A, 97321

**CORVALLIS**  
545 SW 2<sup>nd</sup> St.  
Suite A, 97333



A Member of the CSC Family

Linn & Benton  
Counties

**HELP CARD**

NOTE: All phone numbers are (541) area code, unless otherwise specified.

